



INTERNATIONAL
Integrative Psychotherapy Association

IIPA 7th International Conference
“Crisis, Hope and Celebration”

April, 9-11th, 2015. Bilbao. Spain.

www.integrativeassociation.com



**SOCIEDAD BILBAÍNA,
CONFERENCE VENUE
AT THE CENTER OF BILBAO**

“La Sociedad Bilbaína” is a private club founded in 1839 during the Carlist war as a community center. The building has been declared "heritage of cultural interest in the Monument category" by the Basque Government.

Map of the Conference venue
(Navarra street, 1 48001 Bilbao)
(www.sociedadbilbaina.com)



Bilbao is a dynamic city. In recent years, it has transformed its industrial appearance in order to achieve a beneficial balance between the deeply rooted traditions and the new cosmopolitan atmosphere, which makes it a welcoming place.

WELCOME!!!!

Pre-Conference Schedule

April 7th, Tuesday

FUTURE TRAINERS WORKSHOP (FTW)

9.00 - 10.00 Panel/Forum: "Presence, Hope and Celebration in Learning, Teaching and Supervision" led by Jose Manuel Martinez and Elena Guarrella. Other presenters are Gregor Žvelc, Montserrat Vilardell, and Anthony Jannetti.

It will be an interactive Forum where FTW participants will discuss and comment on philosophy, methods and ideas related to the training and supervision projects.

10.00 - 11.00 Small Groups organization and warming up.

11.00 - 11.30 Coffee Break.

11.30 - 13.00 Small Groups work: Supervision of Training and Supervision Projects in a Relational Group setting.

13.00 - 15.00 Lunch.

15.00 - 16.00 Feed-Back and Conclusions in Small Groups.

16.00 - 17.00 FTW General Conclusions and Closing.

17.00 - 18.30 Evaluators Meeting.

18.30 - 20.00 Candidates Meeting.

April 8th, Wednesday

EVALUATIONS and CERTIFICATION DAY

9.00 - 13.00 EVALUATION

Note: we could extend the timing if there are more evaluations than the provisions we have now.

13.00 h - 15.00 Lunch

15.00 to 17.30 **TRAINERS & SUPERVISORS GROUP MEETING:**
Relational GROUP MEETING.

Trainers and Supervisors will have the chance to meet, contact and relate!

AFTER HOURS:

18.00 - 20.00 **WELCOME Encounter** and **CELEBRATION of Certified Members** after Evaluation Process.

Conference Program

April 9th, Thursday

9.00 - 11.00 Keynote speeches.

9.00 - 9.40 **Welcoming Keynote by Amaia Mauriz-Etxabe (Spain).**

9.40 - 10.15 **Keynote Speech by José Manuel Martínez (Spain): “Why I am an Integrative Psychotherapist. The celebration of a shared experience”.**

Dr. José Manuel Martínez is a Psychiatrist, MD International Integrative Psychotherapist Trainer and Supervisor and Teaching and Supervising Transactional Analyst. Pepe works with children, adolescents and adults and is the Director of the Institute of Transactional Analysis and Integrative Psychotherapy (IATPI) in Valladolid, Spain.

10.15 - 11.00 **Keynote Speech by Burkhard Hofmann (Germany): "The Unpredictability of Life”.**

Dr. Burkhard Hofmann is an in depth Psychotherapist in private practice in Hamburg since 1991. His special interests are the treatment of patients with cumulative trauma and trans-cultural issues regarding the treatment of patients from Islamic countries.

11.00 - 11.30 Coffee Break.

April 9th, Thursday: 11.30 – 13.00. 1.5 Hour Workshops.

Workshop 1

“The Way of Hope: From Conflict to Peace in Relationship”. Maria Luisa De Blasio (Italy).

Peace is possible in a relationship in which there is full respect and loving presence. Without peace there is conflict, pain, lying, slander, suspicion, violence. In the peace it is possible to integrate the fragments broken by conflict and move toward the future. Peace in the relationship illuminates the hope in the heart. Through a small group exercise, we will explore possible ways of building relationships of peace.

Maria Luisa De Blasio is a Psychotherapist, Provisional Teaching and Supervising Transactional Analyst in the Psychotherapy Field (PTSTA-P), Certified Integrative Psychotherapist (CIP) and works in Milan with adults, couples and adolescents.

Workshop 2

“Self-Protective Defenses: Hope in the Crisis and From Crisis to Hope”. Izaskun Andollo and Amaia Rico (Spain).

When a rupture in a significant relationship happens and our needs are not met, self-protective defenses against the loss of contact allow us to face the crisis, avoid vulnerability and keep the hope in the relationship. At the same time, self-protective defenses make it more complicated to meet the relational needs and maintain a real contact with self or with others. After reflecting on these matters, we will hold a relational group experience and following that we will address the theory of methods for treatment of the self-protective defenses, taking the participant's experience in the relational process as starting point.

Izaskun Andollo Hervás. Certified Integrative Psychotherapist (CIP) and Certified Transactional Analyst (CTA). I run NOÛS Instituto de Psicoterapia Integrativa where I work as psychotherapist and trainer.

Amaia Rico Pajares. Certified Psychotherapist in Integrative Psychotherapy (CIP), advanced studies in Transactional Analysis and Psychodrama. I work as psychotherapist and trainer in NOÛS Instituto de Psicoterapia Integrativa (Bilbao) and also as psychotherapist in Ongarri, Centro de Psicoterapia (Vitoria).

Workshop 3.

“Hope, Relationship, Hopelessness or... can we hope if we are alone?”. Christine Huillier (France).

When we/our patients are in deep crisis we/they often feel it is the worst we/they ever knew and it seems so difficult to realize that we/they can have hope in those moments... We/they just are in the hole and with black feelings.... and until we/they experiment to go it through with someone else, some witness who can give us his hand and who can be able to celebrate us, we don't realize the way we are.... So the celebration makes us more aware of our evolution and may be only the celebration can make us hope.

Christine Huillier is a Certified psychotherapist in Paris. She is Trainer and Supervisor in Transactional Analysis (PTSTA) and Integrative Psychotherapy (CIPTS) She teaches in Lille (France) where she is IAT-Lille l'ESPRI-AT School Manager.

Workshop 4.

“Sexual Fantasy, Hope, and Self–Stabilization”. Sally Openshaw (United Kingdom).

This workshop will explore the role of sexual fantasy to install hope. The function of this hope to self–stabilize and create new possibilities for change will be considered. Case material will be brought and discussion will consider the delicate balance between fantasy and reality, hope and despair, contact and distance. Exploration of the skills needed by therapists to harness hope, to step into the fantasy, understanding meaning and sit alongside the client in the self-soothing aspects of the fantasy, whilst also challenging the use of fantasy as an avoidance of contact.

Sally Openshaw is an accredited Member of College of Sexual and Relationship Therapist, and a UKCP Registered Psychotherapist. She is an IIPA Supervisor and Trainer and manages a Psychotherapy Training Centre in Devon, UK.

Workshop 5

“Reactivating Hope: From Crisis to Celebration in the Relational Treatment of Trauma”. Mitch Rouzie and Elisabeth Keeney (USA).

The failure of primary relationships to provide protection and resolution of the effects of childhood trauma results in the loss of hope and subsequent emotional withdrawal. Hope is the lifeline for clients with histories of severe traumatic abuse in childhood. Our clients extend that lifeline to us almost constantly and almost always in indirect ways. In a relational therapy, uncovering and nurturing hope makes healing possible. This presentation will consist of a brief discussion of hope in a relational therapy of trauma, followed by a piece of demonstration therapy and Q&A.

Elisabeth Keeney, PhD, LCSW is a Clinical Social Worker in private practice in Staten Island, New York. She also manages a residential chemical dependency treatment program. She has expertise in the treatment of severe childhood traumatic abuse. She is a Teaching and Supervising Member of IIPA.

Mitch Rouzie, MSW, LCSW is a Clinical Social Worker in private practice in Staten Island, New York. He also provides forensic evaluations for Family Court. He specializes in the treatment of severe childhood and adult trauma. He is a Teaching and Supervising Member of IIPA.

Workshop 6

"Crisis, Hope and Celebration”. Karen Cesarano and Rachele Di Vezza (Italy).

The aim of this workshop is to investigate if crisis, hope and celebration are to be considered only from the clients perspective or if we as therapists need to consider and live the realm of the possible micro-crisis, hopes and celebrations with our clients as an important part of our journey and "presence" within the inter subjective relationship with them. The workshop will be mostly experiential with some theoretical input.

Karen Christine Cesarano is a Psychologist, Provisional Supervisor/Trainer in Integrative Psychotherapy and Transactional Analysis. Karen in Italy works in a project that supports survivors of childhood/adult abuse. In England she is a co-tutor, Supervisor at the Wealden Institute East Sussex.

Rachele Di Vezza is Clinical Psychologist, Provisional Supervisor/Trainer in Integrative Psychotherapy, Certified Transactional Analyst. Rachele has her private practice in Italy and is the founder of an educational project ‘Con-tatto’(contact).

April 9th, Thursday: 15.00 – 18.30. 3 hour workshops.

Workshop 7

"Group Psychotherapy: the process of the Hope in the group, through the group and its comparative evolution". Maria Assunta Giusti (Italy).

The workshop is concerns group psychotherapy process and its evolution: a comparison between the growth of the group, as an entire organism, and the growth of patients who are part of it. There are three phases of treatment : Therapy in the Group, of the Group and through the Group. The goal IN the group is an individual psychotherapy in the presence of the group; the goal OF the group is the group being; the goal THROUGH the group consists in using it as stimulation and care. The workshop shows individual and group evolution from crisis to hope and to the final celebration.

Maria Assunta Giusti is Psychotherapist, TSTA and CIP in clinical field. She has worked for many years for both adults and children, in individual and group setting, in private practice and also by Rehabilitation Institutes.

Workshop 8.

"My Years as a Therapist: What I have learned and what I would do differently. Marye O'Reilly-Knapp (USA).

Beginning in the mental health care system over forty years ago, I have certainly changed my perspectives as I acquired knowledge and life experiences. In this workshop a few of the areas I will address are: maintaining a sense of integrity, supporting an aura of reverence, the impact of 'theory overload', updating our professional individuality. Lessons learned will include working within the therapeutic relationship –with the client, with one's own self, and the therapeutic process itself. One of my therapeutic mantras today is to keep the 'narrative'at the forefront. There are others you will hear about when you attend this workshop.

Marye O'Reilly-Knapp, PhD, RN is a Board Certified Clinical Nurse Specialist in Psychiatric and Mental Health Nursing, Certified Clinical Transactional Analyst, and Certified Group Psychotherapist. She was a member of the Professional Development Seminar, a Founding Member, and Teaching and Supervisory faculty member of the International Integrative Psychotherapy Association.

Clinical Forum 1

“An accompanied journey in search of vitality”. Igor Fernández, Coordinator (Spain). Participants: Camelia Stavarache (Romania), Catherine Coulon (France), Gregor Žvelc (Slovenia), Luca Pinto (Italy), Ann Mold (United Kingdom).

A crisis brings the hope for its resolution in itself as an unaware need, the need for hope and vitality. However, the acknowledgement of personal and social resources to solve the crisis is still encapsulated or far from conscience, so its power cannot be sensed. It is in the relationship with the other involved person that the client can open the door to that hope and to the awareness of the power of his or her own resources. Both are ingredients that would fuel the creation of the safety, and a risk-taking attitude towards recovery and growth.

Catherine Coulon, psychotherapist practicing psychotherapy in private practice for 15 years in France. Certified in Integrative Psychotherapy by IIPA, formed by Richard Erskine. Under Tutoring Integrative Psychotherapy Trainer and Supervisor. Trained in Transactional Analysis. Speech therapist. Relaxation therapist.

Igor Fernández is a Psychologist and Psychotherapist, and has worked in individual and family therapy in the private practice. He is a Certified Integrative Psychotherapist (CIP) and has worked as a trainer in socio-sanitary programs, in innovative education and community programs, presenting the relationship as a key factor of human development in those environments.

Ann Mold is a practising Psychotherapist, who received IIPA accreditation as a psychotherapist in 2009, and IIPA Accreditation as a trainer and supervisor in 2011. She has a special interest in Eating Disorders, which also has led her to work increasingly with trauma of various degrees. She teaches at Tower House Counselling.

Luca Pinto, MSC, is a Counsellor and Psychotherapist. He is UKCP Registered and Certified Integrative Psychotherapist (CIP). He has worked in private practice and the voluntary sector with individuals and couples for over 20 years. He currently lives in Rome.

Camelia Stavarache is President of Integrative Psychotherapy Association in Romania, trainer and supervisor in integrative psychotherapy, specialist in integrative psychotherapy, hypnosis and body psychotherapy. She made the first delivery under hypnosis in Romania. She is specialized in France to treat panic attacks, anxiety disorders, depression, psychosomatic (pain, irritable bowel) and shyness.

Gregor Žvelc, PhD, is Clinical Psychologist, Psychotherapist and International Integrative Psychotherapy Trainer & Supervisor (IIPA). He is Assistant professor for clinical psychology at University of Ljubljana and University of Primorska. He is also director of the Institute for integrative psychotherapy and counselling in Ljubljana and co-editor of International Journal of Integrative Psychotherapy.

April 9th. Thursday, 15.00 – 16.30. 1.5 hour workshops

Clinical Forum 2.

“Women, Gender Identity and Crisis: Creating Hope and Celebrating Empowerment“. Iratxe Lopez and Rosa Perona, Coordinators (Spain).
Participants: Ruth Birkebaek (UK), Danielle Helle-Golliard (Switzerland),
Masa Žvelc (Slovenia), Milly de Michelli (Italy).

In our practice we find women who have grown up in environments that put them in a position that prevents victims from developing the full potential they have as people. Working with them in mind that we have the hope that change is possible is a very powerful tool. At the same time, and since we too are women, we become tools for change. We will focus on understanding the role that psychological violence and the role of victims continues to meet in their lives as a way to break with their old beliefs about themselves, the world and others.

Iratxe López is Psychologist, Integrative Psychotherapist and Certified by the IIPA. She works in Bilbao in a residential facility for girls and also with adults and families in her private practice.

Rosa Perona is Psychologist, Integrative Psychotherapist and Certified by the IIPA. She works in Bizkaia. She combines her private practice with the development of community programs in public institution.

Ruth T. Birkebaek is Medical Doctor (Plastic Surgeon), Certified Integrative Psychotherapist and a Master in NLP. She lives in London where she has her private practice.

Danièle Golliard is Psychologist and Psychoterapist, CTA. She lives in the French part of Switzerland where she has a private practice, working with adults, individuals and groups.

Milly De Micheli is Psychologist and Psychoterapist, TSTA Educational/Counseling field as well as a Licensed Psychotherapist in private practice. She is the director of a TA Training Institute in Genova.

Workshop 9

"Attachment, sense of self and relational needs, through crisis and hope, the relational dynamic of the Therapy". Claudine Adjagba-Gourbin (France).

Through the examination of clinical cases, we will analyze the way the client's attachments and difficulties in the development of sense of self can interact or collude with the attachments and problems of the therapist's sense of self construction. We will underline the way this can lead to a crisis in the therapeutic relationship. We will study how these concepts can help us transform the crisis into a relational and therapeutic dynamic that brings hope to our client. This workshop is meant for colleagues aware of the D. Stern theory on the development of sense of self.

Claudine Adjagba-Gourbin is Certified Integrative Psychotherapist working for 15 years in private practice with groups and individuals, Teacher and Supervisor UT- IIPA (Social workers and Psychotherapists), under clinical contract in TA; NLP Master and Ericksonian Hypnosis Certified (PHAREE).

Workshop 10

"Body Work: A Gateway to Contact". Miren Azkoaga and Maika Alonso (Spain):

We will provide attendees with knowledge and experiences that encourage the approach to body work, as a gateway to contact. Crisis affects our body so it is important to approach physical manifestations to solve them adequately in order to recover integral health. We will show how to accompany the person in the relationship helping her awareness of his/her body manifestations. We will help the therapist learn how to pay attention to these manifestations as an expression of the client's experience.

Maika Alonso is a Physician and a Certified Integrative Psychotherapist (IIPA). Maika works as a psychotherapist at Ongarri in Vitoria-Gasteiz (España) in the theoretical frame of Integrative Psychotherapy.

Miren Azkoaga. Miren is a Relational Physiotherapist. She has been in ongoing training with Richard Erskine since 2000 and works as a psychotherapist at a Health Center in the Basque Country (Spain) and also at a private level.

April 9th, Thursday, 16.45 – 18.30. 1.5 hour workshops.

Workshop 11

Crisis, Hope and Celebration in the intersubjective process of psychotherapy. Mercedes Pedreira and Sara Irigoien (Spain).

This is a workshop to experience, reflect on and develop conceptually the philosophical principle of the IP "Intersubjective psychotherapy process is more important than the content of psychotherapy." Using music and images as a stimulus to experience and think about how intersubjective process flows between client and therapist. It is as a dance in which we synchronize with the music, the couple, etc., ending with the conclusion of the customer's being increasingly conscious, intimate, flexible, free. And this is not just something that happens along the time but is also cyclic, and it is given in each session and all along the sessions in the process.

Mercedes Pedreira Quiroga is a Clinical Psychologist. Integrative Psychotherapist certified by IIPA as well as Psychodramatist. She is also trained in AT and have been working for 24 years in a public addiction treatment center.

Sara Irigoien Urkijo is a Clinical Psychologist. FEAP licensed psychotherapist by the Spanish Association of Psychodrama. IIPA Certified Integrative Psychotherapist. Bach Floral Therapist and Therapist of Método de Unidad Esencial. Associated Member of AEP, IIPA and Flobana.

Workshop 12.

“Crisis, Hope, and Celebration: The Catalyst for Growth and Identity of the Self”. Pauline Daver (France)

As Integrative Psychotherapist how can we accompany our patients so that a crisis is a catalyst for growth and self-identity? How can our presence give the necessary security? How can we hold the hope on their behalf when they are unable to feel any or burdened with old hope distorted by their beliefs? How can we be attuned to their rhythm in order to celebrate when they are ready and make this process a positive event thanks to the co-construction of a relationship and the experience of intersubjectivity?

Pauline Daver is a psychotherapist, certified in Integrative Psychotherapy, trained in Transactional Analysis, and UT-CIIPTS. She works in private practice with adults and groups.

Workshop 13.

“From criticism to withdrawal in the dungeon, and from the dungeon to contact and trust”. Feli Pérez de Onraita and Yarima Etxeberria (Spain).

The schizoid process describes the self-regulatory system developed by some children when they are growing up, and instead of getting the appropriate calmness and respect to their needs, they receive pressure, criticism and even aggression. In order to be safe, they try to escape to a safe place within themselves (their dungeons) even if they have to be separated from their authentic and vulnerable self, and suffer the company of a powerful internal criticism. We'll provide a description of the schizoid process, its treatment, and clinical examples and a space to share them among the participants.

Feli Pérez de Onraita Ortíz is a Pedagogue, Certified Integrative Psychotherapist, Psychodramatist and Certified Transactional Analyst. Member of the Professional Development Seminar in Bilbao. Lives in Vitoria-Gasteiz (Basque Country) and works as psychotherapist in private practice.

Yarima Etxeberria is a psychologist, psychodramatist, and Certified Integrative Psychotherapist by IIPA. Member of the Professional Development Seminar in Bilbao. She works in Bilbao with adolescents, adults, and families, in both clinical and community fields.

AFTER HOURS.....!

18.30 to..... Small dinner parties for small groups 8 to 12 people hosted by Bilbao colleagues at some of the local restaurants. We can enjoy full meals, sidrería or Pintxos (tapas) at local Bars.

April 10th, Friday

April 10th, Friday. 9.00 -13.00 Fundamentals Course and 3 hour workshops. (Coffee break 10.45 – 11.15).

Fundamentals Course. (Six hours). FTW teachers.

Elena Martín de Hervás (Spain), Isabella Nuboloni (Italy), Tali Sánchez (Spain), Alicia Pelayo (Spain), Itziar Martínez (Spain), Rachele Di Vezza (Italy).

Workshop 14

“Crisis, Hope and Celebration in Couples Therapy”. Elena Guarrella (Italy).

This workshop will involve participants to learn and work through the various aspects and phases of a couple relationship. The attunement to the development of individuals and the couple will be underlined in connection with the different senses of wholeness, generativity, sexuality relational styles.

Elena Guarrella PhD, is a Certified psychologist and psychotherapist, CIPTS. She works since 1983 with individual, couples and groups. She provides IP training in Rome, Milan, Europe.

Workshop 15

"Listening Deeply: From Crisis to Celebration through Integrative Psychotherapy and Guided Imagery and Music”. Carol Merle-Fishman (USA).

Integrative Psychotherapy teaches us to attune and listen deeply to our clients, as we help them learn to listen deeply to themselves. Guided Imagery and Music also invites clients to listen deeply and experience the intrinsic healing qualities of music, leading to increased awareness of thoughts, feelings, memories, body sensations, beauty and connection to self and others. Through case studies and live experiences, this workshop will demonstrate how the combination of IP and GIM can facilitate movement from crisis to celebration, and create healing through the combination of verbal and non-verbal modalities.

Carol Merle-Fishman, M.A., LCAT, LMHC is a Licensed Mental Health Counselor, Licensed Creative Arts Therapist and Trainer/Supervisor for IIPA. Carol is in private practice in Cortlandt Manor, New York, USA.

Workshop 16

"Family Constellations and Integrative Psychotherapy: an Integration". Peter Bourquin (Spain).

In this workshop I will demonstrate by a live piece of work, how I have integrated these two methods in my personal way over the years. In the following discussion I will explain the elements of Integrative Psychotherapy within my work, as well as the benefits of this integration for the client. A group exercise, using a family constellation healing image to create support and hope while facing the actual problems, will finish this workshop.

Peter Bourquin is a German psychotherapist and writer, who lives and works for 15 years in Spain, close to Barcelona. He is founder and director of ECOS–Escuela de Constelaciones Sistémicas.

Workshop 17

"Hope, Fear and Crisis: An Open Door to the Therapeutic Relationship". Amaia Mauriz-Etxabe (Spain).

This workshop will describe and explore the use of relational and integrative psychotherapy methods in the resolution of early childhood traumas and cumulative neglect. We will explore remembering, re-experiencing, and reliving in the therapeutic process. This workshop will include a formal presentation of the theory of in-depth methods, a live therapy demonstration, and an active group discussion.

Amaia Mauriz Etxabe is a Clinical Psychologist, IIPA Founder Member, Certified Trainer and Supervisor, Certified group-analyst, Psychodramatist and Transactional Analyst. She works as psychotherapist and trainer in private practice at the Institute Bios, Bilbao–Basque Country.

Workshop 18

“Hope When Hope Has Gone”. Rachel Hudson (United Kingdom).

We will explore the theme of hopelessness in the stages and crises of life, when we face our true powerlessness. This workshop will consider issues of life, fertility, sickness and death - and how facing our own fears and experiences can enable us to truly 'be' with another in a hopeless place and find a way through. We will look at the relational needs in such times, and consider some of the spiritual questions these times may face us with. A practical, reflective workshop using our own experiences.

Rachel Hudson is a UKCP, BACP Senior Accredited Psychotherapist and CIP. She lives and works in private practice in the north east of England and teaches in Scotland.

April, 10th, Friday: 15.00 – 16.30. 1.5 hour workshops. Fundamentals course (Second part)

Fundamentals Course (FTW teachers).

Elena Martín de Hervás (Spain), Isabella Nuboloni (Italy), Tali Sánchez (Spain), Alicia Pelayo (Spain), Itziar Martínez (Spain), Rachele Di Vezza (Italy).

Workshop 19

"Developing Resilience and Positive Resources with Clients who have been Traumatized". Carmen Cuenca (Spain).

In this workshop I will emphasize the importance of helping the client to strengthen his ego in order to stabilize and ground him as a first step to be able to face the more painful experiences. Traumatized clients suffer from overwhelming and intrusive painful memories that tend to destabilize them. It is very important to help these clients to harness their inner positive resources to help them develop resilience.

Carmen Cuenca is a Licensed Clinical Psychologist, an Integrative Psychotherapy Trainer & Supervisor under tutorship by IIPA, and an advanced Brainspotting clinician. She is very involved in integrating the knowledge of neuroscience and psychotherapy.

Workshop 20

"The use of Therapist Self in Crisis Treatment". Anthony Jannetti (USA).

This workshop will focus on the therapist use of self to support the client's therapeutic regression. Regression can be a powerful form of treatment when it is in services of psychological growth. A supportive Regressive Therapy can help a person heal from archaic traumatic events. In this workshop we focus on healing at the cognitive, affective, behavioral, and physiological levels. This will include a discussion of the theory of regressive therapy and may include a live demonstration.

Anthony Jannetti is a Supervising and Training Member of the International Integrative Psychotherapy Association. He has presented and conducted workshops in several European countries. He is a Medical Center Psychologist where he is the coordinator of the Post Traumatic Stress Disorder Program.

Relational Group Process 1. (Run by IIPA senior members).

Workshop 21

"When Crisis Occur in Therapy". Annie Dufreney and Christian Boisson (France).

When crisis occurs in therapy, the client and the therapist are confronted with their own vulnerability. It is a moment of major insecurity propitious to reactive the original beliefs. In this context, what place is left for hope? Will it be disappointed? Or will the crisis be a fruitful passage to construct a new hope of life in full and lasting contact? With the specific contributions of the Integrative Psychotherapy, we will explore ways to understand, treat and overcome this complex and often painful phase.

Annie Dufreney is a Clinical Psychologist, Psychotherapist, Trainer and supervisor in Integrative Psychotherapy and in Transactional Analysis. She works with adults and in groups, in private practice, and leads training and supervision groups.

Christian Boisson is a Clinical Psychologist, Psychotherapist, Trainer and Supervisor in Integrative Psychotherapy, with a background in teaching. He supervises people working in health care and social welfare. In his practice in Besançon, he welcomes children, adults and groups.

Workshop 22

"Journey through Beauty". Rossanna Centis (Italy).

The experience of beauty is a privileged way to contact our own inner spiritual dimension. There is a part of the human being that doesn't belong to the material or animal world. This spiritual factor represents the nature of ourselves as it is expressed in questions such as: "what is the ultimate meaning of existence?", "why do pain, death, exist? Is it worth living after all?". Through the actual experience of an artistic expression (listening to a music track) I invite people to make contact with their own spiritual experiences, and to become aware of how it integrates with therapeutic experience.

Rossanna Centis is a Medical Doctor and Psychotherapist working in Torino (Italy). She is Certified Transactional Analyst and Certified Integrative Psychotherapist since 2009; she works as a Clinical Psychotherapist in private practice, dealing with adults, in individual and group therapy, and children.

April, 10th, Friday: 16.45 – 18.30. 1.5 hour workshops. Fundamentals course (Third part)

Fundamentals Course (FTW teachers).

Elena Martín de Hervás (Spain), Isabella Nuboloni (Italy), Tali Sánchez (Spain), Alicia Pelayo (Spain), Itziar Martínez (Spain), Rachele Di Vezza (Italy).

Clinical Forum 3

"Integrative Psychotherapy: Bringing Hope to Specific Populations". Juan Luis Santamaría, Coordinator (Spain). Participants: Blanca Fernández (Spain), Verónica Aguado (Spain), Mary Doherty (Canada), Lison Robichon-Bussière (France).

We often work with individuals or groups based on age or characteristics which require special vision and a proper approach to their specific needs. Our goal is to convey different professional experiences that will come to groups as diverse as the disabled (Downs Syndrome), children with psychosis, addressing the major challenges of the

final stage of life, people who experience complicated grief, families in crisis and persons diagnosed with severe mental disorders that benefit from psychotherapy. Our purpose is to discuss and refine the methods of integrative psychotherapy to meet their needs for growth and health and offer a hopeful future. In our presentations we will offer examples based on our clinical practice.

Juan Luis Santamaría is a Psychologist. He has experience in mental health care programs with older people, their families and professional careers. He is a member of various forums concerned with the care of dependent elderly in the Basque Country.

Blanca Fernández is a Psychologist and Certified Integrative Psychotherapist. She works with children and adolescents in Valladolid at a public hospital and with adults and families at her private practice in the Institute of Transactional Analysis and Integrative Psychotherapy (IATPI).

Mary Doherty is a Psychiatrist in Vancouver, Canada. She has worked for 25 years in community psychiatry with people with chronic mental illness. Has private practice with individuals and groups. He is also Certified in TA.

Lison Robichon-Bussière is a Certified Integrative Therapist performing group psychotherapy with children and with adults and families in private practice in Paris.

Verónica Aguado is a Psychologist. She works in the field of research in the Evaluation Team and Family Intervention at the University of Deusto (Bilbao). She's also working in the Down's Syndrome Foundation and other intellectual disabilities.

Workshop 23

"Building Relationships: an Antidote for Shame". Bibiana Martín and Mar Gómez (Spain).

We propose a workshop to explore the theory and the personal experience of shame, going through sharing and learning in a safe relationship. Through a relational process group dynamic, the participants will be encouraged to name and to normalize shamefulness experiences. We'll try to differentiate Healthy Shame from Toxic Shame as well as facilitate the identification of the coping strategies and the relational needs involved, co-creating an antidote and updated strategies for the handling of potentially shameful experiences. Finally, we will develop the Shame Treatment Theory from the Integrative-Relational Psychotherapy framework.

Bibiana Martín Corcuera, Clinical Psychologist, Certified in Integrative Psychotherapy by IIPA in 2009. HOGAR IZARRA Director (Integrative Therapeutic Community for People with Severe Mental Disorder).

Mar Gómez Masana, Clinical Psychologist, Certified in Integrative Psychotherapy by IIPA, Clinical EMDR. Working in private practice

Workshop 24

"Crisis and Hope Regarding Climate Change: Can there be there a Celebration?". Wayne Carpenter (USA).

Thinking about climate change makes people feel helpless and anxious –but that’s why we must talk about it openly. In therapy, it is the therapist who supplies a safe space, through the provision of a regular time and place, and through personal attributes such as warmth and compassion, attention and encouragement. Because the therapist is not afraid of difficult emotion and can tolerate the patient’s confusion, aggression and pain, these difficult psychological states can be expressed, worked through and left behind. It becomes possible to bear the truth and face reality. Creativity re-emerges. Perhaps there can be some reason for a bit of celebrating.

Wayne L. Carpenter, MDiv, MA, LMFT is a pastoral counselor and licensed marriage and family therapist. While attending theological seminary in Berkeley, California in 1969 he was introduced to Eric Berne. Currently, his interests are in eco-psychology and empowerment of people and communities to address global climate change.

Relational Group Process 2 (Run by IIPA senior members).

Workshop 25

“Crisis and Hope: Two Existential Necessities”. Brigitte Rotta (France).

Crises are a manifestation of repeated mis-attunements and the neglect of relational-needs. Crisis and hope represent a unit of emotional experience that alter normal psychological functions with physiological survival reactions, conclusions, and script decisions. This workshop will include some formal teaching, experiential exercises, and a group discussion.

Brigitte Rota. Clinical Psychologist, Psychotherapist Trainer and Supervisor in Integrative Psychotherapy. I use body mediation and plastic arts to foster change in the therapeutic process. I supervise the practice of professionals in the Psychotherapy, Health and Education fields. I work in Marseille, France

AFTER HOURS.....!

18.30 to 20.00 h. Music Program & Talents Show.

April 11th, Saturday

April 11th, Saturday. 9.00 -13.00. 3 Hour workshops. (Coffee break 10.45 – 11.15).

Workshop 26

"Working with the Body in Crisis, Hope and Celebration". Joshua Zavin (USA).

We'll look at how our body's responses can be involved in the inhibition of feeling, the repression of memory, and the maintenance of script. We'll also explore how the integration of various kinds of body focus in therapy –with and without touch - can help our clients to identify and express their full range of feelings and needs. Some experiential exercises will be suggested (optional), and there will be a live demonstration.

Joshua Zavin, PhD. is a clinical psychologist in private practice in Morristown, New Jersey. He is also a licensed massage therapist. Joshua's work is primarily with adults in individual and couples' therapy.

Workshop 27

"Treating Ego State Fragmentation: Mindfulness Based". Mario Salvador (Spain).

In this workshop I will describe the therapeutic approach to conceptualize the internal ego fragmentation based on how our 'emotional primary systems' (Panksepp) become split because of trauma and neglect. We will consider how our different internal parts act as protectors or hold the depth pain of our traumas. We propose mindfulness and being in our Real Self ("the Being") as a healing way of how to relate with our different ego states in order to help them to be integrated. The therapist presence and guidance will help in the way.

Mario C. Salvador is a Licensed Clinical Psychologist, an International Integrative Psychotherapy Trainer & Supervisor by IIPA, a Provisional Trainer & Supervisor Transactional Analyst by EATA-ITAA, a Brainspotting trainer and supervisor, and a Clinician and Supervisor in EMDR.

Clinical Forum 4

What's missing? The Scotoma Group

What is it that is implicit and not spoken about in therapy? We will explore some of the blind spots in us as therapists, and in our clients. We will look at our methods, our ways of being and being known, our theories and our experience of attending to or avoiding the Scotoma - blind spots -those we face each day, knowingly or unknowingly

The Scotoma Group has been meeting with Richard Erskine in Nottingham, UK for between 4 -10 years. We are now committed to continuing our personal and professional development as a group under the name Scotoma. We are Sandra Watson from Grantham –Lincolnshire-, Martina Platten from Staffordshire, Wendy Clements from Nottinghamshire, Rachel Hudson from Northumberland (all UK) and Burkhard Hofmann from Hamburg Germany. We are all experienced Integrative Psychotherapists working with long term clients and supervisees.

Workshop 28

“Case Discussion and Consultation”. Lise Small (France).

How can we be aware of and respond appropriately to our patients' need for a therapeutic relationship? In this workshop I will present my understanding of the therapeutic relationship by discussing relational needs and how I work with them. I will describe my approach based on the theories of early development and attachment and share how, in my experience, these concepts have been essential in helping to create a healing relationship with patients. A significant part of the workshop will involve interactive exchanges with the group to explore mis-attunements that cause problems in therapy.

Lise Small is an Integrative Psychotherapy trainer and supervisor and a clinical member of ITAA. She was Vice-president of EATA and worked on the Ethics Committee. She was on the editorial boards of the TAJ and Les Actualities.

Workshop 29

"EMDR in a Relational-Integrative Psychotherapy". Lindsay Stewart and John Hallett (Canada).

EMDR is a therapeutic technique that has research verifying its effectiveness in facilitating intra-psychic change. It can be used as an integral part of a relational therapy rather than as a technique that is done to someone. We will explain and demonstrate how EMDR is consistent with the theory and methods of integrative psychotherapy and how at the core is a relational technique.

John Hallett, MA, is a founding member and current Board Trustee of the IIPA and a registered psychologist in Vancouver, Canada. He is a certified Trainer and Supervisor of IP with a special interest in EMDR.

Lindsay Stewart, MSW, is a Clinical Social Worker in Vancouver, Canada, a founding member and certified Trainer in the IIPA. His practice specialties include individual and group psychotherapy, clinical consultation and EMDR.

April 11th, Saturday Afternoon. 15.00 to 18.30 All together.

15.00 – 15.40. Keynote Speech by Richard Erskine: “Crisis, Hope & Celebration in Psychotherapy”

Richard G. Erskine PhD. is Founding member and the first President of International Integrative Psychotherapy Association. Author on many books and articles on Integrative Psychotherapy. Training Director of The Institute of Integrative Psychotherapy. Vancouver. Canada.

15.45 – 17.30 Relational Group Process (whole group).

17.30 – 18.30 Conference Closing with Joshua Zavin.

Joshua Zavin, PhD is current President of International Integrative Psychotherapy Association.

AFTER HOURS.....!

Gala Dinner and Presentation of Evaluation Certificates: 20.00 to Midnight

Big celebration on Saturday night where we will give out certification. Let's DANCE!